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# A FATHER'S PARTING GIFTS

*by Linda Leblanc*

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In July 2001, I traveled to Canada to visit my gravely ill father. He died on August 9, about three weeks after my return to my home in Cyprus. I'm writing this article because several rather "odd" occurrences surrounded his death, involving both out-of-body experiences and my use of TMI's *HUMAN PLUS* encodings.

For those of you who haven't yet experienced *HUMAN PLUS* techniques, they, like all the Hemi-Sync products, are designed to help bring more conscious thought into daily living through accessing your greater potential. *HUMAN PLUS* employs an "encoded function" introduced into the "Access Channel" that one learns in a deep state of expanded consciousness. Once learned and practiced, various codes can be used at any time to help achieve specific results in many important areas of life. The series is available on individual tapes and CDs designed for a wide range of applications such as physical and emotional health, mental focus, or inner development. *HUMAN PLUS* is also offered through *OUTREACH* workshops, which introduce many of these encodings to participants. It is then up to the individual to practice these skills to bring about the desired changes, such as better health, deep relaxation, greater self-confidence, a change in negative thought patterns, and so on. *H-PLUS*® teaches how to open the "Access Channel" and then to "open to all parts of you." The "Access Channel" is an incredibly effective tool and the encodings themselves are very practical and designed for easy use—for instance, "Plus-Let Go," to release temporary emotional responses (such as anger or fear). Another code is "Plus-Offload," for releasing restrictive mental, emotional, or physical patterns. A few other samples are "Plus-Relax," "Plus-Great," "Plus-Focus," "Plus-Speak Up." The codes can be combined for even greater effectiveness. For example, using "Plus-Let Go" and "Plus- Offload" together, one can release the emotional response, when it occurs, and help to get at the overall pattern that may stand in the way of achieving a specific goal. I've been using the *H-PLUS* codes for many years with excellent results, particularly in overcoming my fear of public speaking. Many of my *H-PLUS* workshop participants in Cyprus have reported similarly positive results as they practice and apply these techniques in their daily lives.

Now, back to the start of this article, with my father in Canada. During my one-week visit, it was clear to me that he just wasn't yet ready to go. He told me that he thought he'd "make it." He had been in slow physical decline since the beginning of the year, with blood clots throughout his body and massive problems in major organs such as heart, kidneys, lungs, bladder, and liver. He had been in and out of the hospital since April, and had been in intensive care for many weeks when I saw him. Although he had a strong will, was mentally alert, and tried very hard, he just wasn't improving. Less than a week before he died, after I had returned home, he was diagnosed with an aggressive pancreatic cancer that had spread. I'd been receiving e-mail updates from some of my siblings almost every day, and we were just waiting for the doctors to give an estimate of how much time he had left, which everyone thought would be weeks.

In the days after my return to Cyprus, and before we knew of the cancer, my sister e-mailed me that my father had told her and my brother that he had had several recent OOBEs—the first time he had experienced anything like this. Those of us in the family who were psychically "tuned in" felt that this was a good sign and that maybe he was preparing for transition. My mother thought it was just the drugs! He stopped eating within a few days of being told of the cancer and, due to much pain, was on morphine every two hours. The family had started a twenty-four-hour vigil around him, as they knew he was starting to go. In his hospital room, one of my sisters tried to play a CD of his favorite music, Dixieland jazz. She had trouble getting the CD player to work, so she switched over to the radio. In an amazing "coincidence" there was an hour-long Louis Armstrong special. He was my father's favorite musician. After many hours in discomfort, Dad settled down hearing his much-loved music. Without any more morphine, he died peacefully a few hours later.

Meanwhile, back in Cyprus, I knew nothing of this, as his condition had shifted very quickly—but I felt him go. I had been upset all that morning and the previous day, even though I didn't know just why. I was very emotional, on the edge of tears for many hours. When I was at hatha yoga class (at about the time he was dying, though I was unaware of it), for several minutes I felt a very active energy beam leaving from around the solar plexus area of my body. I didn't know what it was, as I've never experienced anything quite like that before. When my sister telephoned a few hours later with news of his death, I knew right away that this experience was connected to his dying.

What was intriguing for me was that during this time that I was so inexplicably distraught, I kept rather frantically using *HUMAN PLUS* codes, such as "Plus-Let Go" and "Plus-Relax." In addition, I was using a few of my own codes that I had created for my particular needs while I had been visiting my family ("Plus-Strong," "Plus- Courage"). I kept repeating these over and over and they provided some relief. In view of my father's quick, relatively peaceful transition I wonder if the *H-PLUS* codes I was using for myself during the time he was dying were actually helping him, too! With practice in using the *H-PLUS* codes, one can swiftly develop a facility to

shift in and out of the “Access Channel.” Could it be that the “Access Channel” was a means of contact with my father as he was dying?

Another odd circumstance: when I sent this article to a sister to check that I had accurately described the events, she wrote back to tell me something I hadn’t known. One sister had been holding my dad’s arm and quietly, peacefully telling him it was OK to let go. None of my family was familiar with the *HUMAN PLUS* techniques.

And it gets stranger—it seems that I was not alone with an unusual experience. My father “visited” with many of his children who were not present when he died. My mother and one sister were in the hospital room with him at the moment of his death. Another sister had gone for a rest in the hospital’s family room. When the sister who had been with Dad went to tell the other that he had gone, she found her sitting bolt upright. She said she knew; he had just been there!

One brother, a maintenance engineer, was asleep in his home about an hour before Dad died. He was awakened by a strange, bright white light in his hallway, the source of which he could not identify, and he knew that Dad had died. At exactly 4:44 A.M., my sister called to tell him. My brother has a long-standing connection with the number 444. In addition, there have been other odd events, which the family feels sure were signs of reassurance from Dad. At the time of writing this, they still continue.

So, there you have the tale of a transition that sparked some unusual events. While it may be true that all of the experiences related above were subjective, they did occur during the time when my father was dying. This seems to lend some independent confirmation that something extraordinary did occur. Distance seemed not to matter, as the incidents took place in several locations, with mine being about 7,000 miles away. I’m happy to share these experiences with TMI members, because even though so many of us do understand in very real ways that we are more than our physical bodies, such occurrences can help us shift the remnants of obsolete belief systems even more. No matter how much I thought I understood about death and dying, these events certainly helped me to bring my belief systems into greater focus and clarity. At the very least, they have helped my family to cope with grief over the death of a loved one, and there’s no doubt that my family feels that my father’s remarkable parting gifts were meant to help us to deal with his transition. For me, the synchronicities and “coincidences” attending Dad’s death have reaffirmed that “we are more than our physical bodies” in a most personal way.

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